

E-Saan Dishes

- 59 Laab Ped 🍴🍴 £8.25
Minced duck mixed with chilli, spring onions, shallots, lime & ground brown rice powder
- 60 Laab Mhoo / Gai / Nuea 🍴🍴
Pork £6.50 Chicken £6.50 Beef £7.00
Minced pork, chicken or beef mixed with chilli, spring onions, shallots, lime & ground brown rice powder
- 61 Naam Tog Mhoo / Nuea 🍴🍴 Pork £6.95 Beef £7.00
Grilled pork or beef mixed with chilli, spring onion, shallots, lime & ground brown rice powder
- 62
- 63 Tom Zap Gra Doog Mhoo 🍴🍴 Sml £5.00 Lrg £6.90
Thai style Tom yum soup with spare ribs & Thai herbs
- 64
- 65 Som Tum 🍴 Thai Style papaya salad £7.50

Vegetarian Dishes

- 66 Gaeng Kiew Waan Pak 🍴🍴🍴 £5.95
Green curry mixed vegetables with tofu, coconut milk & Thai basil leaves
- 67 Gaeng Ped Pak 🍴🍴🍴 £5.95
Mixed vegetables with tofu, coconut milk, red curry paste & sweet basil leaves
- 68 Gaeng Massaman Pak (N) 🍴🍴 £5.95
Massaman curry cooked with coconut milk, vegetables & tofu
- 69 Pad Pak Ruam Mit 🍴 £5.95
Vegetarian delight seasonal vegetables stir fried with tofu & oyster sauce
- 70 Pad Thai Jay (N) 🍴 £5.95
Soft noodles stir fried with bean sprouts, egg & special sauce
- 71 Pad Se Eew Jay 🍴 £5.95
Soft noodles stir fried with vegetables & soy sauce
- 72 Pak Choy 🍴 £5.95
Stir fried Pak Choy with oyster sauce & ginger

new Dishes

- 73 Chips 🍴 £1.90
- 74 Jungle Curry 🍴
Pork £7.50 Chicken £7.50 Beef £8.00 Prawn £7.50
Jungle curry paste with baby corns, mushrooms, green beans, bamboo shoots, ginger root, lime leaves and basil
- 75 Malaysian Kari 🍴
Chicken £6.50 Beef £7.00 Prawn £7.50
Malaysian coconut curry cooked with potatoes and tomatoes
- 76
- 77 Pad Prik Khing 🍴
Pork £6.50 Chicken £6.50 Beef £7.00 Prawn £7.50
Stir fried with five beans in red curry paste and coconut milk
- 78 Singapore Noodles 🍴 £6.50
Vermichelli Rice Noodles with spring onions, bean sprouts, onions, prawn and chicken
- 79 Plain Noodles 🍴 £2.95
- 80 Blue Mango Spicy Fried Rice 🍴
Pork £6.50 Chicken £6.50 Beef £7.00 Prawn £7.50
Egg fried rice with tomato and vegetables
- 81 Kao Pad Mhoo / Gai / Nuea / Goong 🍴
Pork £6.50 Chicken £6.50 Beef £7.00 Prawn £7.50
Egg fried rice with your choice of meat

Set Menu

Set Menu A (minimum 2 people) £15.90 per person

- Starter
Thai Fish Cakes (9) Thoong Tong (14) Khanom Pang Nan Goong (10)
- Main Course
Beef Thai Red Curry (23), Chicken Pad Med Mamuang (35), Pad Pak Ruam Mit (69), Egg Fried Rice (56)

Set Menu B (minimum 2 people) £18.90 per person

- Starter
Chicken Satay (3), Spring Rolls (4), Thai Fish Cakes (9), Ribs (11), Khanom Pang Nah Goong (10)
- Main Course
Chicken Thai Green Curry (24), Goong Pad Nor Mai (43), Beef Panang Curry (26), Pad Pak Ruam Mit (69), Egg Fried Rice (56)

Set Menu C (minimum 2 people) £22.90 per person

- Starter
Chicken Satay (3), Spring Rolls (4), Thai Fish Cakes (9), Ribs (11), Khanom Pang Nah Goong (10)
- Main Course
Blue Mango Honey Duck (29), Pla Rad Prig (45), Beef Massaman Curry (25), Pak Choy (72), Egg Fried Rice (56)

Seafood Special Set Menu

Especially for Seafood Lovers - (minimum 2 people) £29.95 per person

- Starter
Goong Ob
Thai style big king prawns stir fried with salt & served with Thai sauce
- Tempura Squid
Deep fried squid cooked in a light batter & served with sweet chilli sauce
- Thord Man Pla
Thai fish cakes – fried minced fish blended with red curry, fine bean & lime leaves served with sweet chilli sauce & crushed peanuts
- Hoi Shu Shee
Steamed green mussels with an aromatic Thai dry red curry sauce
- Second Course
Tom Yum Goong Soup
Thailand's famous hot soup with prawns, lemongrass & lime leaves
- Main Course
Pla Nueng Se Eew
Whole sea bass steamed with ginger, spring onions, celery & Thai sauce
- Goong Shu Shee
Big king prawns deep fried and topped with an aromatic Thai dry red curry sauce & lime leaves
- Hor Mok Talay
Mixed seafood cooked with red curry paste, coconut milk & basil leaves in a delicious spicy sauce
- Egg Fried Rice

BLUE MANGO

Bournemouth

Thai Cuisine

Takeaway Menu

Come and visit our new restaurant & takeaway



Special Lunch Menu

Everyday - £5.95

Free Home Delivery

(Within 3 miles - minimum order £20)

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37 Exeter Road, Bournemouth, BH2 5AF

Starters

- | | | |
|-----|--|---------|
| 1 | Blue Mango Mixed Platter (minimum 2 people)
<i>Chicken satay, spring rolls, thai fish cakes, khanom pang nan goong, ribs</i> | £6.75pp |
| 1a | Spicy Thai Style Prawn Crackers new | £2.00 |
| 2 | Thoong Tong (5 pieces)
<i>Deep fried stuffed prawn, chicken, vermicelli served with sweet chilli sauce</i> | £5.25 |
| 3 | Chicken Satay (5 pieces) (N)
<i>Grilled satay chicken marinated in lime & coconut served with sweet chilli sauce</i> | £5.50 |
| 4 | Spring Rolls (7 pieces) v
<i>Vegetarian spring rolls served with plum sauce</i> | £4.95 |
| 4a | Duck Spring Rolls (6 pieces) new | £5.50 |
| 5 | | |
| 6 | Paper Prawn (6 pieces)
<i>Whole prawn wrapped in rice pastry served with plum sauce</i> | £5.50 |
| 7 | Salt & Pepper Squid | £6.50 |
| 8 | Chicken Gyoza (6 pieces)
<i>Chicken dumplings in Sake dipping sauce</i> | £5.50 |
| 9 | Thord Man Pla (5 pieces) (N) v
<i>Thai fish cakes – fried minced fish blended with red curry, fine bean & lime leaves served with sweet chilli sauce & crushed peanuts</i> | £5.25 |
| 10 | Khanom Pang Nah Goong (6 pieces)
<i>Minced prawn on toast deep fried with seed topping served with sweet chilli sauce</i> | £5.25 |
| 11 | Blue Mango Spare Ribs (7 pieces)
<i>Wok fried tender pork spare ribs marinated in spicy Thai sauce</i> | £5.25 |
| 12 | Thai Dim Sum (6 pieces)
<i>Steamed minced pork and prawn dumplings topped with fried garlic served with weat dark soya sauce</i> | £5.25 |
| 13 | Tempura Vegetables v | £4.00 |
| 13a | Tempura Prawns new
<i>Tiger prawns deep fried in a light batter served with a sweet chilli sauce</i> | £5.95 |
| 14 | | |
| 15 | Crispy Aromatic Duck
Quarter £8.50 Half £14.50 Whole £28.00 Extra Pancakes £1.50
<i>Served with Hosin sauce, cucumber & spring onion</i> | |
| 16 | Yum Nuea Yang / Yam Mhoo Yang v
<i>Slices of grilled beef/pork salad mixed with a hot & spicy dressing</i> | £7.50 |
| 17 | Yum Ruam Mit Talay v
<i>Mixed seafood salad with hot glass noodles & spicy dressing</i> | £8.50 |
| 18 | | |
| 19 | Phla Goong v
<i>King prawn blended with lemon grass shallots & spicy dressing</i> | £7.50 |

Soups

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|----|--|---------|
| 20 | Tom Yum Soup v
Mushroom £3.50 Chicken £4.95 Prawn £5.95
<i>Thailand's famous hot soup with lemongrass & lime leaves</i> | |
| 21 | Tom Kha Soup
Mushroom £3.50 Chicken £4.95 Prawn £5.95
<i>Thailand's popular soup with coconut milk, mushroom, lemongrass, lime leaves & galangal</i> | |
| 22 | Fisherman Soup (minimum 2 people) v
<i>Spicy hot & sour soup with a variety of mixed seafood flavour with lemongrass, galangal, lime leaves & basil leaves</i> | £9.50pp |

Main Courses

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|----|---|-------|
| 23 | Thai Red Curry v
Chicken £6.50 Pork £6.50 Beef £6.95 Prawn £7.50
<i>Thai red curry paste cooked in coconut milk with bamboo shoots & Thai sweet basil leaves</i> | |
| 24 | Thai Green Curry v
Chicken £6.50 Pork £6.50 Beef £6.95 Prawn £7.50
<i>Thai green curry paste cooked in coconut milk with bamboo shoots, aubergines & Thai sweet basil leaves</i> | |
| 25 | Massaman Curry (N) v
Chicken £6.50 Pork £6.50 Beef £6.95 Prawn £7.50
<i>Creamy Thai mild curry cooked in coconut milk with potatoes, peanut & onions</i> | |
| 26 | Panang Curry (N)
Chicken £6.95 Pork £6.95 Beef £7.95 Prawn £7.95
<i>An aromatic medium red curry made with red curry paste, coconut milk & Thai sweet basil leaves</i> | |
| 27 | Gaeng Phed Ped Yang v
<i>Roast duck in red curry with coconut milk, pineapple, tomatoes & Thai sweet basil leaves</i> | £7.50 |
| 28 | Gaeng Kua Goong Curry v
<i>King prawns cooked in a Thai red curry with pineapple, coconut milk & Thai sweet basil leaves</i> | £8.50 |
| 29 | Blue Mango Honey Duck
<i>Thai style delicious roast duck in Thai herb & honey sauce</i> | £8.50 |
| 30 | Tamarind Duck
<i>Grilled duck breast marinated with a sweet & spicy tamarind sauce served on bean sprouts</i> | £8.50 |
| 31 | Goong Pad Prik Pao v
<i>Stir fried king prawn with chilli paste, onions, spring onions and basil leaves</i> | £7.95 |
| 32 | Ped Pad Phed v
<i>Roast duck stir fried with bamboo shoots in red curry paste, coconut milk & sweet basil leaves</i> | £8.50 |
| 33 | Pad Khing
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried with fresh ginger, spring onion, black mushrooms & vegetables</i> | |
| 34 | Pad Gra Prow v
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried with chilli, basil leaves, green beans & vegetables</i> | |
| 35 | Pad Med Mamuang (N)
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried crispy with cashew nuts, onions, spring onion & vegetables</i> | |
| 36 | Pad Preaw Waan (N)
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried crispy sweet and sour sauce with onions, spring onions, pineapple, tomato & cashew nuts</i> | |
| 37 | Pad Namman Hoi
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried with oyster sauce & mushrooms</i> | |
| 38 | Pad Ta-Krai
Chicken £5.95 Pork £5.95 Beef £7.00 Prawn £7.50
<i>Stir fried lemon grass & vegetables</i> | |
| 39 | Tod Gra Tiem Prig Tai v
Chicken £5.95 Pork £6.95 Beef £7.95 Prawn £7.50
<i>Meat stir fried with garlic & black peppers</i> | |



v medium **v** hot **v** very hot **v** vegetarian (N) Contains traces of nuts

Main Courses Continued

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|----|---|-------|
| 40 | Hor Mok Talay v
<i>Mixed seafood cooked with red curry paste, coconut milk, basil leaves in delicious spicy sauce</i> | £8.95 |
| 41 | Pad Ped Talay v
<i>Mixed seafood stir fried with red curry paste, bamboo shoots, coconut milk, lime leaves & sweet basil leaves</i> | £8.95 |
| 42 | | |
| 43 | Goong Pad Nor Ma
<i>Stir fried king prawns with asparagus & vegetables</i> | £7.50 |

Fish Dishes

- | | | |
|----|--|--------|
| 44 | Pla Shu Shee v
<i>Whole crispy fried fillets of Tilapia with an aromatic dry red curry, coconut milk, lime leaves & sweet basil leaves</i> | £9.95 |
| 45 | Pla Rad Prig v
<i>Whole crispy fried fillets of Tilapia topped with a Thai sweet chilli sauce</i> | £9.95 |
| 46 | Pla Nueng Ma-Now v
<i>Steamed sea bass fillets poached in Thai herbs & chilli broth</i> | £11.95 |
| 47 | Pla Nueng Eew
<i>Sea bass steamed with ginger, spring onions, celery & Thai sauce</i> | £11.95 |
| 48 | Pla Sa Moon Prai (N) v
<i>Crispy fried fillets of sea bass topped with Thai herbs & special Thai sauce</i> | £11.95 |
| 49 | Blue Mango Salad (N) v
<i>Crispy fried fillets of sea bass topped with Chef's special sauce</i> | £11.95 |



Rice & Noodles Dishes

- | | | |
|----|---|-------|
| 50 | Pad Thai (N)
Chicken £6.50 Pork £6.50 Beef £6.95 Prawn £7.00
<i>Soft noodles stir fried with prawns, egg, vegetables & bean sprouts</i> | |
| 51 | Pad Se Eew
Pork £6.50 Chicken £6.50 Beef £6.95
<i>Soft noodles stir fried with vegetables and dark soy sauce</i> | |
| 52 | Pad Mhee Goreng
<i>Indonesia famous fried egg noodles with chicken, shrimps, bean sprouts & vegetables</i> | £6.50 |
| 53 | Blue Mango Fried Rice (N)
<i>Special pineapple fried rice with chicken, prawn & pineapple</i> | £7.50 |
| 54 | Nasi Goreng v
<i>Indonesia original fried rice with egg, chicken, shrimps & coriander</i> | £7.00 |
| 55 | Boiled Rice | £2.00 |
| 56 | Egg Fried Rice | £2.50 |
| 57 | Coconut Rice | £2.95 |
| 58 | Sticky Rice | £3.25 |