

BLUE MANGO



Bournemouth

Thai Cuisine

OPEN 12-2PM 6PM-LATE

Menu

Set Menu A

(minimum 2 people) £20.95 per person

Starter

Thai Fish Cakes (N) (9) Thai Style Stuffed Chicken Wings (14) Khanom Pang Nan Goong (10)

Main Course

Beef Thai Red Curry (23), Chicken Pad Med Mamuang (N) (35), Pad Pak Ruam Mit (69), Egg Fried Rice (56)

Dessert

Banana Fritter with Ice Cream

Set Menu B*

(minimum 2 people) £24.50 per person

Starter

Chicken Satay (N) (3), Spring Rolls (4), Thai Fish Cakes (N) (9), Ribs (11), Khanom Pang Nah Goong (10)

Main Course

Chicken Thai Green Curry (24), Goong Pad Nor Mai (43), Beef Panang Curry (N) (26),
Pad Pak Ruam Mit (69), Egg Fried Rice (56)



Dessert

Banana Fritter with Ice Cream

Set Menu C

(minimum 2 people) £26.95 per person

Starter

Chicken Satay (N) (3), Spring Rolls (4), Thai Fish Cakes (N) (9), Ribs (11), Khanom Pang Nah Goong (10)

Second Course

Tom Yum Goong Soup Thailand's famous hot soup with prawns, lemongrass & lime leaves

Main Course

Blue Mango Honey Duck (29), Pla Rad Prig (45), Beef Massaman Curry (N) (25), Pak Choy (72), Egg Fried Rice (56)

Dessert

Banana Fritter with Ice Cream

Set Menu Seafood

Especially for Seafood Lovers - (minimum 2 people) £35.00 per person

Starter

Goong Ob

Thai style big king prawns stir fried with salt & served with Thai sauce

Tempura Squid

Deep fried squid cooked in a light batter & served with sweet chilli sauce

Thord Man Pla (N)

Thai fish cakes – fried minced fish blended with red curry, fine bean & lime leaves served with sweet chilli sauce & crushed peanuts

Hoi Shu Shee (N)

Steamed green mussels with an aromatic Thai dry red curry sauce

Second Course

Tom Yum Goong Soup

Thailand's famous hot soup with prawns, lemongrass & lime leaves

Main Course

Pla Nueng Se Eew

Whole sea bass steamed with ginger, spring onions, celery & Thai sauce

Goong Shu Shee (N)

Big king prawns deep fried and topped with an aromatic Thai dry red curry sauce & lime leaves

Hor Mok Talay

Mixed seafood cooked with red curry paste, coconut milk & basil leaves in a delicious spicy sauce

Egg Fried Rice

Dessert

Banana Fritter with Ice Cream

Starters

1*	Blue Mango Mixed Platter (minimum 2 people) (N) Chicken satay, spring rolls, thai fish cakes, khanom pang nan goong, ribs	£8.50 per person
1a	Spicy Thai Style Prawn Crackers	£2.50
2	Thoong Tong Deep fried stuffed prawn, chicken, vermicelli served with sweet chilli sauce	£6.50
3*	Chicken Satay (N) Grilled satay chicken marinated in lime & coconut served with sweet peanut sauce	£5.50
4*	Spring Rolls  Vegetarian spring rolls served with sweet chilli sauce	£5.50
4a	Duck Spring Rolls	£5.50
5	Vietnamese Spring Rolls (N) Fresh spring rolls filled with shrimps, Thai noodles, mint, coriander, carrots & bean sprouts	£6.50
6	Paper Prawn Whole prawn wrapped in rice pastry served with sweet chilli sauce	£6.50
7*	Salt & Pepper Squid	£6.95
8	Chicken Gyoza Chicken dumplings in Sake dipping sauce	£5.95
9	Thord Man Pla (N)  Thai fish cakes – fried minced fish blended with red curry, fine bean & lime leaves served with sweet chilli sauce & crushed peanuts	£5.25
9a*	Sweetcorn Cakes Served with sweet chilli sauce	£4.95
10	Khanom Pang Nah Goong Minced prawn on toast deep fried with seed topping served with sweet chilli sauce	£5.50
11*	Blue Mango Spare Ribs Wok fried tender pork spare ribs marinated in spicy Thai sauce	£5.95
12	Thai Dim Sum Steamed minced pork and prawn dumplings topped with fried garlic served with weat dark soya sauce	£5.50
13	Tempura Vegetables  Deep fried vegetables coated in a light batter & served with sweet chilli sauce	£4.95
13a	Tempura Prawns Tiger prawns deep fried in a light batter served with a sweet chilli sauce	£6.50
14	Thai Style Stuffed Chicken Wings Chicken wings stuffed with mince chicken & glass noddles deep fried served with sweet chilli sauce	£5.50
15	Crispy Aromatic Duck Quarter £9.00 Half £17.00 Whole £30.00 Extra Pancakes £1.50 Served with Hosin sauce, cucumber & spring onion	
16	Yum Nuea Yang / Yam Mhoo Yang  Slices of grilled beef/pork salad mixed with a hot & spicy dressing	Beef £8.95 Pork £8.50
17	Yum Ruam Mit Talay  Mixed seafood salad with hot glass noddles & spicy dressing	£9.50
18*	Soft Shell Crab  Soft shell crab with salad & spicy dressing	£9.50
19	Phla Goong   King prawn blended with lemon grass shallots & spicy dressing	£9.50



 medium

 hot

 very hot

 vegetarian

(N) May contain traces of nuts

Soups

- 20* Tom Yum Soup 🌶️🌶️ Mushroom £4.95 Chicken £5.95 Prawn £6.50
Thailand's famous hot soup with lemongrass & lime leaves
- 21 Tom Kha Soup Mushroom £4.95 Chicken £5.95 Prawn £6.50
Thailand's popular soup with coconut milk, mushroom, lemongrass, lime leaves & galangal
- 22 Fisherman Soup (minimum 2 people) 🌶️🌶️ £9.50 per person
Spicy hot & sour soup with a variety of mixed seafood flavour with lemongrass, galangal, lime leaves & basil leaves

Main Courses

- 23* Thai Red Curry 🌶️🌶️ Chicken £8.50 Pork £8.95 Beef £9.50 Prawn £9.95 Mixed Meat £11.50
Thai red curry paste cooked in coconut milk with bamboo shoots & Thai sweet basil leaves
- 24* Thai Green Curry 🌶️🌶️ Chicken £8.50 Pork £8.95 Beef £9.50 Prawn £9.95 Mixed Meat £11.50
Thai green curry paste cooked in coconut milk with bamboo shoots, aubergines & Thai sweet basil leaves
- 25* Massaman Curry (N) 🌶️ Chicken £8.50 Pork £8.95 Beef £9.50 Prawn £9.95 Mixed Meat £11.50
Creamy Thai mild curry cooked in coconut milk with potatoes, peanut & onions
- 26 Panang Curry (N) Chicken £8.95 Pork £9.50 Beef £9.95 Prawn £10.50 Mixed Meat £11.50
An aromatic medium red curry made with red curry paste, coconut milk & Thai sweet basil leaves
- 27 Gaeng Phed Ped Yang 🌶️🌶️ £10.50
Roast duck in red curry with coconut milk, pineapple, tomatoes & Thai sweet basil leaves
- 28 Gaeng Kua Goong Curry 🌶️🌶️ £9.95
King prawns cooked in a Thai red curry with pineapple, coconut milk & Thai sweet basil leaves
- 29* Blue Mango Honey Duck £10.50
Thai style delicious roast duck in Thai herb & honey sauce
- 30* Tamarind Duck (N) £10.50
Grilled duck breast marinated with a sweet & spicy tamarind sauce served on bean sprouts
- 31 Goong Pad Prik Pao 🌶️ £9.95
Stir fried king prawn with chilli paste, onions, spring onions and basil leaves
- 32 Ped Pad Phed 🌶️🌶️ £10.50
Roast duck stir fried with bamboo shoots in red curry paste, coconut milk & sweet basil leaves
- 33 Pad Khing Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried with fresh ginger, spring onion, black mushrooms & vegetables
- 34* Pad Gra Prow 🌶️🌶️ Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried with chilli, basil leaves, green beans & vegetables
- 35* Pad Med Mamuang (N) Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried crispy with cashew nuts, onions, spring onion & vegetables
- 36 Pad Preaw Waan (N) Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried crispy sweet and sour sauce with onions, spring onions, pineapple, tomato & cashew nuts
- 37* Pad Namman Hoi Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried with oyster sauce & mushrooms
- 38 Pad Ta-Krai Chicken £8.50 Pork £9.50 Beef £9.45 Prawn £9.95 Mixed Meat £11.50
Stir fried lemon grass & vegetables
- 39 Tod Gra Tiem Prig Tai 🌶️ Chicken £8.90 Pork £9.50 Beef £9.95 Prawn £10.50 Mixed Meat £11.50
Meat stir fried with garlic & black peppers



Main Courses Continued

- 40 **Hor Mok Talay** 🌶️ £13.95
Mixed seafood cooked with red curry paste, coconut milk, basil leaves in delicious spicy sauce
- 41 **Pad Ped Talay** 🌶️ £13.95
Mixed seafood stir fried with red curry paste, bamboo shoots, coconut milk, lime leaves & sweet basil leaves
- 42* **Goong Pao** £14.95
King prawns marinated with garlic, ground black pepper & coriander then grilled over charcoal, served with Thai spicy sauce
- 43 **Goong Pad Nor Ma** £9.95
Stir fried king prawns with asparagus & vegetables

Fish Dishes

- 44* **Pla Shu Shee (N)** 🌶️🌶️ £13.95
Crispy fried fillets of Tilapia with an aromatic dry red curry, coconut milk, lime leaves & sweet basil leaves
- 45 **Pla Rad Prig** 🌶️🌶️ £13.95
Crispy fried fillets of Tilapia topped with a Thai sweet chilli sauce
- 46 **Pla Nueng Ma-Now** 🌶️🌶️ £15.95
Steamed sea bass fillets poached in Thai herbs & chill broth
- 47 **Pla Nueng Eew** £15.95
Sea bass steamed with ginger, spring onions, celery & Thai sauce
- 48 **Pla Sa Moon Prai (N)** 🌶️🌶️ £15.95
Crispy fried fillets of sea bass topped with Thai herbs & special Thai sauce
- 49* **Blue Mango Salad (N)** 🌶️🌶️ £15.95
Crispy fried fillets of sea bass topped with Chef's special sauce

Rice & Noodles Dishes

- 50* **Pad Thai (N)** Chicken £7.95 Pork £8.50 Beef £8.95 Prawn £9.50 Mixed Meat £10.95
Soft noodles stir fried with egg, vegetables & bean sprouts
- 51 **Pad Se Eew** Pork £8.50 Chicken £7.95 Beef £8.50 Mixed Meat £10.95
Soft noodles stir fried with vegetables and dark soy sauce
- 52 **Pad Mhee Goreng** £7.95
Indonesia famous fried egg noodles with chicken, prawns, bean sprouts & vegetables
- 53 **Blue Mango Fried Rice (N)** £9.50
Special pineapple fried rice with chicken, prawn & pineapple
- 54* **Nasi Goreng** 🌶️ £8.50
Indonesia original fried rice with egg, chicken, prawns & coriander
- 55 **Boiled Rice** £2.95
- 56 **Egg Fried Rice** £3.50
- 57 **Coconut Rice** £3.95
- 58 **Sticky Rice** £3.95

E-Saan Dishes

59*	Laab Ped 🌶️🌶️					£10.50
	Minced duck mixed with chilli, spring onions, shallots, lime & ground brown rice powder					
60	Laab Mhoo / Gai / Nuea 🌶️🌶️	Pork £9.50	Chicken £8.95	Beef £9.95		
	Minced pork, chicken or beef mixed with chilli, spring onions, shallots, lime & ground brown rice powder					
61	Naam Tog Mhoo / Nuea 🌶️🌶️		Pork £8.95	Beef £9.95		
	Grilled pork or beef mixed with chilli, spring onion, shallots, lime & ground brown rice powder					
62	Sun Dried Beef or Pork		Pork £8.95	Beef £9.95		
	Sliced beef or pork marinated & deep fried with sesame seeds, served with chilli sauce					
63	Tom Zap Gra Doog Mhoo 🌶️🌶️	Sml £6.95	Lrg £9.50	Hot Pot £16.50		
	Thai style Tom yum soup with spare ribs & Thai herbs					
64	Tom Yum Super 🌶️🌶️	Sml £6.95	Lrg £9.50	Hot Pot £16.50		
	Chicken feet Tom Yum Thai Style					
65	Som Tum 🌶️				£8.95 with Soft Shell Crab	£12.95
	Thai Style papaya salad					

Vegetarian Dishes

66	Gaeng Kiew Waan Pak 🌿🌶️🌶️					£6.95
	Green curry mixed vegetables with tofu, coconut milk & Thai basil leaves					
67	Gaeng Ped Pak 🌿🌶️🌶️					£6.95
	Mixed vegetables with tofi, coconut milk, red curry paste & sweet basil leaves					
68	Gaeng Massaman Pak (N) 🌿🌶️					£6.95
	Massaman curry cooked with coconut milk, vegetables & tofu					
69	Pad Pak Ruam Mit 🌿					£6.95
	Vegetarian delight seasonal vegetables stir fried with tofu & oyster sauce					
70	Pad Thai Jay (N) 🌿					£6.95
	Soft noodles stir fried with bean sprouts, egg & special sauce					
71	Pad Se Eew Jay 🌿					£6.95
	Soft noodles stir fried with vegetables & soy sauce					
72	Pak Choy 🌿					£6.95
	Stir fried Pak Choy with oyster sauce & ginger					

New Dishes

73	Chips					£1.80
74*	Jungle Curry 🌶️🌶️	Pork £8.95	Chicken £8.50	Beef £9.50	Prawn £9.95	Mixed Meat £11.50
	Jungle curry paste with baby corns, mushrooms, green beans, bamboo shoots, ginger root, lime leaves and basil					
75	Malaysian Kari	Lamb £11.50	Chicken £8.50	Beef £9.50	Prawn £9.95	Mixed Meat £11.50
	Malaysian coconut curry cooked with potatoes and tomatoes					
76	Indonesian Rendang Beef					£10.50
	Tender pieces of beef cooked in a spicy dry coconut curry with galangal and lemongrass					
77	Pad Prik Khing 🌶️🌶️	Pork £8.95	Chicken £8.50	Beef £9.50	Prawn £9.95	Mixed Meat £11.50
	Stir fried with five beans in red curry paste and coconut milk					
78	Singapore Noodles					£8.50
	Vermichelli Rice Noodles with spring onions, bean sprouts, onions, prawn and chicken					
79	Plain Noodles					£3.75
80	Blue Mango Spicy Fried Rice 🌶️🌶️	Pork £8.50	Chicken £7.95	Beef £8.95	Prawn £9.50	Mx Meat £10.95
	Egg fried rice with tomatato and vegetables					
81	Kao Pad / Gai / Nuea / Goong	Pork £8.50	Chicken £7.95	Beef £8.95	Prawn £8.50	
	Egg fried rice with your choice of meat					
82	BBQ Pork					£7.95

